## PEACE

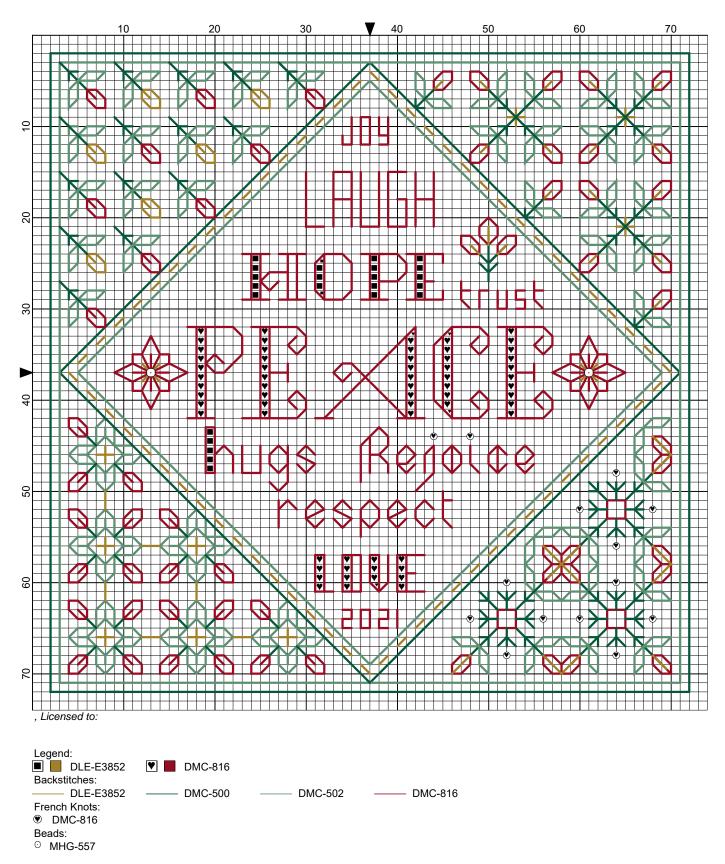
# Blackwork Journey – Designs by Elizabeth Almond



"Peace begins with a smile." *Mother Teresa* 

www.blackworkjourney.co.uk

Blackwork Journey ©



### Peace

Author:	Elizabeth Almond		
Grid Size:	74W x 74H		
Design Area:	5.00" x 5.00" (70 x 70 stitches)		

Legend:

[2] DMC-816 ANC-1005 DLE- garnet

Call Outs:

Backstitch Lines:

 DLE-E3852	Dark Gold	DMC-502	blue green
 DMC-500	blue green - vy dk	DMC-816	garnet

French Knots: • DMC-816 garnet

#### Beads:

<sup>o</sup> MHG-557 Mill Hill Glass Beads-Gold

Covid 19 has turned our lives upside down and made us rethink what we value most and how we will look forward in the years to come. The members of the Blackwork Journey Facebook groups wrote down the words that summed up the past year and the word 'Peace' was important to many.

Inner peace can be hard to find but to be at peace with oneself to be still and quiet, to find joy in the little things and to know that we are all valued and loved is essential to all of us.

This small sampler another in the series designed with love and hope for the future. The diamond can be worked on its own or with the flower patterns. Use colours you enjoy working with and that make you happy.

Design Area: 5.29 x 5.29 inches. 74 x 74 stitches

**Material:** Zweigart 28 count evenweave, antique white or cream or Zweigart 14 count Aida, 9 x 9 inches minimum Note: If Aida fabric is used be aware there are some split blocks. Use a sharp needle.

#### Threads:

The design is worked in DMC stranded floss. One skein of each colour. Metallic threads and beads can be used to add sparkle and texture

The choice is yours! Mill Hill glass beads MGH 557 gold, two beads Tapestry needle No 24 Small embroidery ring or frame

#### Stitches used:

Back stitch, one strand Cross stitch, two strands French or Colonial knots, two strands

#### Method:

1. Fold the fabric into quarters and find the centre point. Mount the embroidery in a frame. The fabric should be 'drum tight'. Back stitch - one strand, cross stitch - two strands.

2. Starting from the centre point work the letters 'Peace' and complete each letter on turn. Add the back stitch (one strand), round the cross stitch (two strands), for a neater finish.

3. Do not take the thread from word to word or up and down as it will show through on the front of the work.

4. Work the back stitch diamond in one strand round the words.

5. Work the four corners with the flower patterns. Each one is different or work all four corners with a design of your choice.

6.. Place the finished embroidery face down on a soft towel and press lightly!

Stay safe and happy stitching,

Riz

